



Minority Youth Programs
for the St. Louis Community

CURVE

THE URGE II

TEENS ♦ HEALTH ♦ RELATIONSHIPS

FREE

SEXUAL RISK AVOIDANCE
EDUCATION ENCOURAGING
MINORITY YOUTH TO TAKE
RESPONSIBILITY FOR THEIR
HEALTH AND WELLNESS!

AGES 15-19

FREE HIV/STD REFERRALS

ONLINE/IN PERSON SESSIONS

PROGRAM FEATURES

SELF ESTEEM DEVELOPMENT

DATING VIOLENCE PREVENTION

SUCCESS PLANNING STRATEGIES

BUILDING HEALTHY RELATIONSHIPS

PREGNANCY, STD, & HIV PREVENTION

REGISTER ONLINE

WWW.CURVETHEURGE.ORG



ADDITIONAL INFORMATION

(314) 516-8487 OR (314) 516-8481

LOCATION:

UMSL | MIMH
8255 FLORISSANT RD.
SUITE 9
ST. LOUIS, MO 63121

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UMSL MIMH
Missouri Institute of Mental Health

FYSB Family & Youth
Services Bureau





Description of Love Notes Curriculum

Curriculum Overview

The Love Notes curriculum consists of 13 lessons and takes a holistic, positive, youth-development approach by helping youth to better understand and develop themselves, define their goals, and acquire essential healthy relationship and life skills. It helps teens think about their lives now and into the future. Love Notes Sexual Risk Avoidance Adaptation – Evidence Based addresses these issues by building skills and knowledge for healthy relationships of all kinds: romantic, friendship, family, school, and work in the context of the Healthy Youth Act of 2017 that set the stage for SRA funding.

Curriculum Objectives

Youth will learn more about themselves: how their past has shaped the present and how to make decisions on what they want for their own future. They learn what healthy relationships are and are not while building a set of skills for choosing friends and partners, and for developing and maintaining healthy relationships that do not involve sex, including evidence-based communication and conflict management skills. Parents and family connection activities offer conversation starters on healthy relationships and on the benefits of leaving sex out of their youthful relationships.

WAYS TO CONTACT US

Visit us at
CurveTheUrge.org

http://



Click the
"Contact Us"
button



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Hollabackstl@mimh.edu

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314-516-8487.
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BE SURE TO CHECK OUT ALL OF OUR PROGRAMS!



CURVE THE URGE

A FREE sexual risk avoidance education program to help youth voluntarily refrain from sexual activity and strengthen their focus on goals, hopes and dreams.

Grades 6-12.

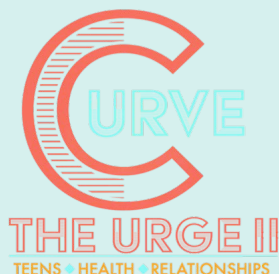
Curvetheurge.org

PROJECT Y-CHAT NOW

A FREE substance use and HIV/AIDS prevention program complemented with social marketing campaigns to help promote positive prevention messages.

Ages 13-24.

Projectychatnow.org



CURVE THE URGE II

A FREE sexual risk avoidance education program to foster positive relationships, help prevent teen pregnancies & STIs, and reduce engagement in other risky behaviors.

Ages 15-19.

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