



HOLLABACK STL

Minority Youth Programs
for the St. Louis Community




THE URGE II
TEENS ♦ HEALTH ♦ RELATIONSHIPS

UMSL | MIMH
Missouri Institute of Mental Health

UMSL | MIMH
8255 Florissant RD
SUITE 9
St. Louis , MO 63121
ATTN: Curve The Urge II

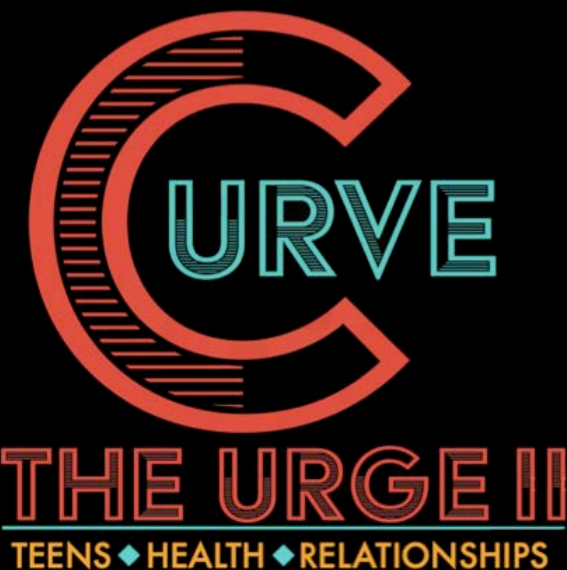
(314) 516-8487
(314) 516-8481

Register Online
www.curvethetheurge.org

 Hollaback St. Louis
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**ENCOURAGING
MINORITY
YOUTH TO TAKE
RESPONSIBILITY FOR
THEIR HEALTH AND
WELLNESS!**

WANT MORE INFORMATION ABOUT CURVE THE URGE II?

PLEASE FILL OUT & MAIL TO:

UMSL | MIMH
8255 Florissant RD
SUITE 9
St. Louis, MO 63121
ATTN: Curve the Urge II

NAME _____

STREET ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

PHONE _____

CHECK ALL THAT APPLY:

I'M INTERESTED IN PARTICIPATING OR HAVING SOMEONE PARTICIPATE IN THE CURVE THE URGE II PROGRAM.

I'M INTERESTED IN PROVIDING SPONSORSHIP FOR THE CURVE THE URGE II PROGRAM.



THE URGE II
TEENS • HEALTH • RELATIONSHIPS

FREE SEXUAL RISK AVOIDANCE EDUCATION PROGRAM!

CURVE THE URGE II is an educational prevention program for minority youth. This sexual risk avoidance education initiative is designed to teach youth strategies to help them voluntarily refrain from having sex and strengthen their focus on educational and developmental goals, hopes and dreams.

PROGRAM FEATURES

- Open to youth between the ages of 15 and 19.
- Provides youth the necessary tools and resources to prevent pregnancy, HIV and sexually transmitted diseases.
- Emphasizes refraining from sex until marriage and abstinence as the surest way of preventing teenage pregnancy and contracting HIV and STDs.
- Teaches youth how to establish and maintain healthy relationships.
- Teaches youth how to resist the pressure they may experience from peers in regards to sexual activity.
- Provides free referrals and linkages to social service agencies.

SPONSORS





Description of Love Notes Curriculum

Curriculum Overview

The Love Notes curriculum consists of 13 lessons and takes a holistic, positive, youth-development approach by helping youth to better understand and develop themselves, define their goals, and acquire essential healthy relationship and life skills. It helps teens think about their lives now and into the future. Love Notes Sexual Risk Avoidance Adaptation – Evidence Based addresses these issues by building skills and knowledge for healthy relationships of all kinds: romantic, friendship, family, school, and work in the context of the Healthy Youth Act of 2017 that set the stage for SRA funding.

Curriculum Objectives

Youth will learn more about themselves: how their past has shaped the present and how to make decisions on what they want for their own future. They learn what healthy relationships are and are not while building a set of skills for choosing friends and partners, and for developing and maintaining healthy relationships that do not involve sex, including evidence-based communication and conflict management skills. Parents and family connection activities offer conversation starters on healthy relationships and on the benefits of leaving sex out of their youthful relationships.

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